

Instructor \_\_\_\_\_ Course \_\_\_\_\_ Date \_\_\_\_\_

Name & Address of Participant: \_\_\_\_\_

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**WASATCH WHITEWATER NOTICE OF RISKS, ACKNOWLEDGEMENT OF RISK AND ACCEPTANCE OF RESPONSIBILITY**

**THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS. YOU MUST READ AND UNDERSTAND IT BEFORE INITIALING OR SIGNING IT.**

**All three pages to be completed by every participant 18 years of age or older or by a parent or guardian.**

Utah's Weber and Provo Rivers, Deer Creek Reservoir, Wasatch Aquatic Center, and other pools, lakes, rivers, or creeks not listed here.

**NOTICE OF RISKS OF ACTIVITY**

Wasatch Whitewater has provided reasonably safe and exciting paddling adventures for thousands of clients. Our guides are experienced paddlers & rowers but the presence of a guide or other staff is not an assurance of safety or the lessening of risks inherent in or integral to paddle sports and rafting. Each participant in a course or tour with Wasatch Whitewater understands and acknowledges that certain risks are integral or inherent to paddle sports and rafting, that staff is available to answer any questions about such risks, and that such risks may cause loss or damage to personal property, illness, accidental personal injury, or in some cases permanent trauma or death, including without limitation by way of example:

- 1. Risks of hypothermia, drowning or cardiac arrest, and trauma caused by hot sun or cold water, including being wet, cold and uncomfortable;**
- 2. Risks related to getting to, in, on, off or out of rafts, kayaks, canoes or stand up paddle boards;**
- 3. Risks of head and other bodily injury from being upside down, swimming from or falling out of, or off a kayak, raft, canoe or stand up paddle board and having contact with rocks, trees, gear and or cold water;**
- 4. Risks of exposure to sunburn, insect bites and stings, and or other wildlife or animal encounters;**
- 5. Inherent risks of injury during vehicular transportation to or from the river or lake;**
- 6. Such other risks, hazards and dangers that are integral to high mountain activities on rivers or lakes and camping in a wilderness environment.**

**Each participant in a course or tour with Wasatch Whitewater does so voluntarily, with full knowledge of the risks and assumes all risks of such participation. Each participant has a duty to disclose any mental or physical problem(s) or limitation(s) that may affect participation.**

**I have read this section and initial it to show that I understand and agree: \_\_\_\_\_**

## ACKNOWLEDGEMENT OF RISK

I recognize that there is an element of risk in any adventure, sport, or activity associated with the outdoors. I am fully aware of the risks and dangers inherent in paddle sports or rafting in a high mountain environment and have been informed of known special hazards involved with paddle sports or rafting and being in the mountains and a wilderness environment. Any person who engages in kayaking, canoeing, stand up paddle boarding, rafting, and related activities assumes the inherent risks thereof whether known or unknown. The participant is legally responsible for any and all damage, injury, or death to himself, herself, or other persons or property that results from those inherent risks. I have read and understand the notice of such hazards on page one of this document. I certify that I am fully capable of participating in this paddle sports or rafting activity and (if applicable) I certify that any minor children in my custody or care are also fully capable of such participation.

**I have read this section and initial it to show that I understand and agree: \_\_\_\_\_**

## ACCEPTANCE OF RISK AND RESPONSIBILITY

Being aware that participating in paddle sports or rafting entails inherent risks of injury, I agree and accept the risks of injury, illness, disease or death arising from my participation in paddle sports or rafting with Wasatch Whitewater. My participation in paddle sports or rafting is purely voluntary, no one is forcing me to participate and I elect to participate with full understanding of the potential risks.

**I have read this section and initial it to show that I understand and agree: \_\_\_\_\_**

## ENTIRE AGREEMENT

I understand that this is the entire agreement between myself and Wasatch Whitewater, its agents or employees and that it cannot be modified or changed in any way by the representations or statements of any employee or agent of Wasatch Whitewater or by me.

**I have read this section and initial it to show that I understand and agree: \_\_\_\_\_**

My signature below indicates that I have read this entire document, understand it completely and agree to be bound by its terms.

**SIGNATURE OF PARTICIPANT \_\_\_\_\_ Date \_\_\_\_\_**

**SIGNATURE  
OF PARENT OR GUARDIAN \_\_\_\_\_ Date \_\_\_\_\_**

**(IF UNDER AGE 18)**

**Wasatch Whitewater I  
Health & Information Sheet & Photo Release**

Kayaking can be strenuous and offer exercise of a different nature than you may be used to. If you have questions regarding your participation please ask. We request the following information so that we can better meet your needs in fitting you to equipment and ensuring your enjoyment.

AGE \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

SWIMMING ABILITY *BEGINNER* \_\_\_\_\_ *INTERMEDIATE* \_\_\_\_\_ *ADVANCED* \_\_\_\_\_

**MEDICAL HISTORY OVERVIEW – Please check all that apply**

YES NO

\_\_\_\_ Allergies (list) \_\_\_\_\_

\_\_\_\_ Diabetes

\_\_\_\_ Heart disease

\_\_\_\_ Epilepsy

\_\_\_\_ Asthma

\_\_\_\_ High blood pressure

\_\_\_\_ Back problems

\_\_\_\_ Dislocations

\_\_\_\_ Do you get cold easily?

\_\_\_\_ Do you smoke?

\_\_\_\_ Are you allergic to any medications. (List) \_\_\_\_\_

\_\_\_\_ Has your physical activity been restricted during the last five years?(explain). \_\_\_\_\_

**PHOTO RELEASE** It is understood that during this activity photographs may be taken of participants and may be used for marketing purposes in print and on the internet by Wasatch Whitewater Kayak School and the entities that Wasatch Whitewater Kayak School works with as an outdoor activity provider.

Signature \_\_\_\_\_ Date Parent or Guardian (if under 18)